digitalhealth



Deep dive: exploring data platform and research initiatives

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Headline sponsor





How the Technology Ecosystem can help address the grand challenges in health data research

Health Data Research (HDR) UK

07/11/2023 Professor Tim Hubbard (for Professor Emily Jefferson)



MISSION: to unite the UK's health data to enable discoveries that improve people's lives

VISION: for large-scale data and advanced analytics to benefit every patient interaction, clinical trial and biomedical discovery, and to enhance public health

What are we about?



Improve health and boost UK science by making it easier for researchers to find, access and use diverse, high quality data

Provide leadership to fix difficult technical problems, by creating innovative solutions needed for researchers to use largescale data safely and securely

Accelerate & streamline health data science by developing open collaborations that connect data, people and organisations across the UK and internationally



What is a Trusted Research Environment (TRE)?



(Also known as a Secure Data Environment (SDE) or Safe Haven)



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https://zenodo.org/record/5767586#.ZADDR3bP2Ht

The problem HDR are trying to solve





accelerate use of data for public benefit



Technology across research journey



Data Discovery



- Promotion of dataset
- Metadata dictionary
- Feasibility analysis

- Data Access
 Request Form
- Audit Trail
- Cohort building
- Data Linkage
- Phenotype
 definitions
- De-identification
- Privacy enhancing technologies

• Environment configuration

Data Environment

- Software configuration
- Validation of users
- Airlocks
- Disclosure Control

Data Analysis

Data Cleaning Data

- Standardisation
- Data Curation
- Data pipelines
- Data Analysis

TREs, SDEs, Hubs, Research Cohorts, Research Programmes have all built tech across this space





Some great solutions already developed – but not widely shared or systematically used

Gateway – **Developing solutions / interoperability with existing solutions**

Developing the Innovation Gateway as the 'single front door' for the NHS Research SDE Network

"The Gateway will evolve to provide users with a clear and consistent user journey for data discovery and cohort finding; reducing complexity and confusion for those wanting to securely access data to improve care and reduce burden on the NHS."

https://www.linkedin.com/pulse/transforming-dataenabled-research-landscape-england-bloomfield/

"We are making significant progress with the development of the network"

Transforming the data-enabled research landscape in England

Gateway (Mk2) – enhanced design

Reducing manual curation of datasets, publications and tools/software HDRUK Health Data Research UK

Community rather than HDR's Gateway: help us build it to meet your network's needs

Co-created

Automated

Lots of other great tools (collaboration rather than competition)

Thanks for listening!

07/11/2023 Professor Tim Hubbard (for Professor Emily Jefferson)

Assembling the Data Jigsaw

Powering robust population research in MSK disease

Will Dixon, Professor of Digital Epidemiology & Honorary Consultant Rheumatologist

Digital Health Al+Data, 30Oct23

Northern Care Alliance NHS Foundation Trust Funded by:

Electronic health record (EHR) research

 Health data supports clinical care, with additional opportunities to support research and more

Electronic health record (EHR) research

- Health data supports clinical care, with additional opportunities to support research and more
- Limitations, however, come from the availability and quality of data
- Musculoskeletal research exemplifies many health data problems:

1. Absent

M06.9 Rheumatoid arthritis

| 3. Unstructured | | | |
|----------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------|--|--|
| Date/Time of <u>Appt</u> : 28 th July 2015 at Clinic: RHEUMATOLOGY Type of <u>Appt</u> : <u>Follow_Up</u> | 09:00 | | |
| Rheumatological Diagnoses: | Osteoarthritis Fibromyalgia Anxiety and depression Previous vitamin D deficiency | | |
| Non-Rheumatological Diagnoses: | lschemic heart disease leading to ST elevation MI 2006 Type II diabetes Migraine | | |
| Medication: | Naproxen <u>Bisoprolol</u> Simvastatin | | |
| Mr Diven attended the clinic today with engoing symptoms of fatigue. He appeared | | | |

Mr. Dixon attended the clinic today with ongoing symptoms of fatigue. He appeared concerned that his current sleep pattern may be contributing. His knee osteoarthritis was not too significiant.

4. Siloed

Assembling the Data Jigsaw

- A 'local data integration pilot' that
- 1. Pilots novel data collection, extraction and integration in rheumatology,

in order to...

2. Answer important research questions,

and designed to...

3. Maintain **public trust**, and for **sustainability and scalability** beyond the pilot

Data sources

Primary care EHR

Web-based surveys

Date Dictated: 9/10/2022 Date Typed: 3/11/2022 Secretary: 0161 206 1082 e advice line 0161 524 1428 pm Monday and Thursday **PRIVATE & CONFIDENTIAL** Langworthy Medical Practice Salford M6 partment of Rheumatolo Dear Dr Brown Re: Austin LEONARD, DOB 01.01.1951 Hospital number 121031 Reason for Attendance Rheumatology follow-up appointment Diagnoses Seropositive rheumatoid arthritis Right total knee replacement 2014 MI 1997 followed by CABG Chronic renal impairment (eGFR 44 2021) Medication Medication Current DMARDs Commenced 6/2016 • Methotexate Commenced 6/2016 • hydroxychrorquine Commenced 6/2014 Prior DMARDs and reasons for discontinuation • Sulfasalazine 2/17-3/17, stopped due to nausea Commission 217-317, subplied due to hausea Recent startiol history Reducing course oral prednisolone, commenced 15mg July 22, reducing by 2.5mg/ month Other relevant medication Disease activity assessment DAS28 score 5.31, 9/10/22 Actions for GP / Rec

sessment

Management Plan (including Actions for Patients)

Hospital letters

Social care data

Inpatient EHR

Interviews and focus groups

Outline

Focus on...

- Prevalence of disease • Clinical question:
- Primary care EHR (inaccurate codes) • Data sources: Outpatient letters (unstructured data)
- Public trust:
- Public notification of research plans

Prevalence of disease

- First line of every funding bid
 eg "Psoriatic arthritis affects one in 300 people"
- Needs to be up to date and accurate
- Measured by counting 'number of people with disease' out of the whole population
- Possible to do using primary care electronic health record databases

Prevalence of psoriatic arthritis in Salford

Data from Salford Integrated Record GP records, 2011-2019

- Number of patients with a code for PsA = 332
- Number of patients in primary care data = 188,286
- Prevalence = 0.18%

However...

- Not all patients with GP codes have the disease
- Not all patients with disease have a GP code
- Opportunity to understand mismatch using linked hospital data

Primary vs secondary care data

Date Dictated: 9/10/2022 Date Typed: 3/11/2022 **PRIVATE & CONFIDENTIAL**

Langworthy Medical Practice Salford M6

Dear Dr Brown

Re: Austin LEONARD, DOB 01.01.1951 Hospital number 121031

Reason for Attendance Rheumatology follow-up appointment

Diagnoses Seropositive rheumatoid arthritis Right total knee replacement 2014 MI 1997 followed by CABG Chronic renal impairment (eGFR 44 2021)

NHS Northern Care Alliance Secretary: 0161 206 1082 Nurse advice line 0161 524 1428 2pm to 3.30pm Monday and Thursday and 2pm to 5pm Wednesday and Friday

of 3

Department of Rheumatology Professor William Dixon **Consultant Rheumatologist**

Secondary care Free text

OK for direct care ٠

Supports direct

research

care, planning and

- Not machine-٠ readable
- Cannot count across ٠ populations

Natural language processing

Unpublished data not shown

All rheumatology letters 2011-19

All primary care diagnoses 2011-19

What we want to know Prevalence of disease

What we had before Prevalence of disease

Unpublished data not shown

What linkage tells us

- Important opportunity to examine accuracy of national data in a subset where linkage exists
- Allows for 'correction factor' for national estimates
- Shows benefits of text-mining outpatient letters
- But... should improve the structured data foundation of outpatients

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Public notification campaign

thedatajigsaw.co.uk

The Data Jigsaw: Secure Data Environments

Outline

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Als for Dynamic Prescribing (Dyn-Al-Rx)

Transforming Medicines Optimisation in Multimorbidity Through Als

Dr Lauren Walker, co-PI On behalf of the DynAIRx Investigators

https://youtu.be/3yp5S4WNDso

Single condition focus of prescribing Als to date

Number of patients at risk

SINGLE-CONDITION/HAZARD medication audit & feedback is working MULTI-CONDITION/HAZARD medication reviews are required but not targeted well

Amind and no thyroid test

2

9.09

11.54

-3

Case

This is a fictional patient case included for illustrative purposes only

AVR, aortic valve replacement; **BD**, twice a day; **BP**, blood pressure; **eGFR**, estimated glomerular filtration rate; **HbA1**_c, haemoglobin A1_c; **HFpEF**, heart failure with preserved ejection fraction; **IV**, intravenous; **MR**, modified release; **OD**, once daily; **PO**, oral administration; **QDS**, four times a day; **TDS**, three times a day

- Tissue AVR
- Aortic regurgitation
- Atrial fibrillation
- HFpEF
- Falls
- Hypertension
- IV diuretics
- Refractory fluid overload
- ?end-of-life

Weight: 86 kg BP: 132/60 mmHg eGFR: 50 ml/min Creatinine clearance: 82 ml/min Creatinine: 120 umol/L Potassium: 5 mmol/L HbA1_c: 50 mmol/mol

Multiple admissions for IV furosemide infusion

Retired from armed forces, previous marathon runner, lives with daughter

Medication:

- Bendroflumethiazide 2.5 mg OD
- Bumetanide 1 mg OD
- Dapagliflozin 10 mg OD
- Spironolactone 25 mg OD
- Movicol oral powder TDS
- Aspirin 75 mg OD
- Atorvastatin 80 mg OD
- Ferrous sulfate 200 mg tablets OD
- Lansoprazole 15 mg OD
- Bisoprolol 1.25 mg OD
- Mirtazapine 15 mg tablets nocte
- Longtec 10 mg MR BD
- Oxycodone 5 mg/5 ml PO, 5 ml 4-6 hours
- Apixaban 5 mg BD
- Tamsulosin 400 mcg OD
- Allopurinol 400 mg OD
- Colchicine 500 mcg QDS

Medications Treat and Cause Multiple Conditions

Example: Many common drugs prescribed for a wide range of reasons have **anticholinergic** side effects

 especially problematic for older people, but often overlooked by clinicians leading to harmful side effects such as delirium, falls and dementia

Hard Problem: Accumulation of Medicines Risks

Escalating anticholinergic burden over long periods of time not easily seen in records

age \uparrow ; kidney function \downarrow ; muscle mass \downarrow ; unsteady; frail

DynAlRx

WP1: WHAT ARE THE BARRIERS AND FACILITATORS TO THE UPTAKE AND UTILISATION OF AN AI-AUGMENTED PRESCRIBING SUPPORT SYSTEM FOR SMRS FROM THE PERSPECTIVE OF PRIMARY AND SECONDARY CARE CLINICIANS, PHARMACISTS, PATIENTS AND COMMISSIONS/MANAGERS INVOLVED IN SMR SERVICES?

| Data collected | Number completed | Types of participants |
|----------------------------|------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Focus groups | 8 | 2 x GPs (9) 2 x Pharmacists (10) 2 x Patient focus groups (MH and young MM, frailty outstanding) 1 x Clinical pharmacologists (3) 1 x Psychiatrists (3) |
| Semi-structured interviews | 5 | 2 x Pharmacists 1 x GP 1 x Policy-maker 1 x Psychiatrist |
| Data collected | Coding completed | |

PRELIMINARY FINDINGS OF FOCUS GROUPS/INTERVIEWS

Five preliminary themes

- Medication reviews in practice –TIME taken to prepare for SMR, pharmacists planned vs GP opportunistic
- 2. Medication-related challenges (mental health particularly, Ach)
- 3. Experience with digital health tools
- 4. Design ideas for DynAlRx (timelines)
- 5. Facilitators and barriers to implementation and adoption

"These were complex people. They weren't quick, easy medication reviews. They took hours sometimes and sometimes they took several visits to get something quite right." –Pharmacist

"The blood results are on a different system...And not all of them pull through necessarily, so it can be hit and miss sometimes as well...." –Psychiatrist

"Sometimes you can't quite work out what medications people have been on. I mean if we talk about SSRIs they may have tried multiple different ones in the past and sometimes its difficult to work out what they've been on without having to go through the long, long list searching all the different medications that are SSRIs that they've tried." -GP

PROMPTS

Long-term medicines no longer needed; medicines that disrupt sleep; missing medicines based on NICE guidelines; monitoring/due a review; new recommendations (e.g. from MHRA)

VISUALS

<u>Pictorial, easy-to-digest</u> info; dashboard of recent bloods; graphs for narrow therapeutic range; BNF interactions/matrix of polypharmacy interactions; pictorial NNT for deprescribing; physical observations; patient interface

DESIGN

Minimally intrusive; user-friendly; efficient; not error prone; does not slow system; not cluttered; intuitive; accessible; avoids window modality; reduced pop-up fatique

OUTCOMES

Evidence-based outcomes at practice level; evidence of increased work process efficiency; outcome data on big data level for medication reviews; outcome data in relation to demographic and socio-economic status

QUICK ACCESS TO RESOURCES

Relevant letters alongside diagnosis; BNF pages for relevant medicines; previous investigation results; prescribing guidelines

LINKAGES USING AI

Integrating QoL when optimising medicines for polypharmacy patients; identify prescribing gaps; soft data to identify potential risks (e.g. safeguarding); patient suspecting possible ADR; linking side-effects to drug list or disease; population level data during clinical decision-making

TIMELINES

Medication; diagnosis; deprescribing; social prescribing; divisions by BNF chapter; links with letters; changes over time; who diagnosed

TASK COMPLETIONS

Recommendations adhered to; avoid round tripping (lack of followup leading to potential harm)

CALCULATORS

Anticholinergic burden; Serotenergic burden; opioid conversion tool; eGFR; risk calculators

RISK PREDICTION MODELS

Real-time risk calculators; falls/delirium; diabetes; cardiovascular

INTEGRATION INTO DIFFERENT HEALTHCARE SETTINGS

Accessible to secondary care; linking with community pharmacy to check what medicines/brands available

Thank you!

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